



## NEWS RELEASE

Contact: Kaitlyn Clem  
Marketing and Communications Associate  
412-342-4025  
[KClem@TheFrickPittsburgh.org](mailto:KClem@TheFrickPittsburgh.org)

For Immediate Release

### **THE FRICK PITTSBURGH ANNOUNCES *LET'S MOVE! (ONLINE) FAMILY FUN DAY AT THE FRICK* BROUGHT TO YOU BY UPMC HEALTH PLAN**

#### **– FREE VIRTUAL FAMILY PROGRAM –**

**DATE: Saturday, September 12, 2020**  
**TIME: 10 AM – 12 PM**  
**LOCATION: Online**  
**ADMISSION: FREE**

PITTSBURGH, PA, September 8, 2020 – In light of the COVID-19 pandemic, The Frick Pittsburgh invites families to participate in a fun morning of artmaking and movement a little differently this year, with a digital version of *Let's Move! Family Fun Day at the Frick brought to you by UPMC Health Plan*. Registrants can expect the following from this year's family-friendly and flexible program:

- Storytime and an activity: 10 – 10:30 a.m.
- Family-friendly yoga: 10:30 – 11:00 a.m.
- Movement-inspired drop-in art project: 11 – 11:30 a.m.
- Superhero training : 11:30 – 12 p.m.

*Let's Move Day* is free, and participants can register online in advance at [TheFrickPittsburgh.org](http://TheFrickPittsburgh.org) to receive a Zoom link to the event, along with a list of materials needed for artmaking. Families can join for the

entire morning, or drop in as is convenient. More information about *Let's Move! Family Fun Day at the Frick*, brought to you by UPMC Health Plan is available [online](#), or by phone at 412-371-0600, Tuesday through Sunday, 11 a.m. – 4 p.m.

## About The Frick Pittsburgh

Located on the Pittsburgh estate of late-19<sup>th</sup>-century industrialist Henry Clay Frick, The Frick Pittsburgh is the steward of collections left as a legacy to the people of Pittsburgh by Frick's daughter, Helen Clay Frick. The permanent collections include fine and decorative arts, cars, carriages, historic objects, and buildings. The Frick experience includes The Frick Art Museum, the Car and Carriage Museum, Clayton, the Frick family Gilded Age mansion, and six acres of beautifully landscaped lawns and gardens. Also included are an Education Center, the Frick children's playhouse (designed by renowned architects Alden & Harlow), a large working greenhouse (also designed by Alden & Harlow), The Café at the Frick, and the Grable Visitor Center, which houses the Frick Museum Store. The public may experience The Frick Pittsburgh's collections and museum spaces, hear lectures, and participate in programs remotely by visiting the virtual museum at [TheFrickPittsburgh.org/virtual](http://TheFrickPittsburgh.org/virtual).

## About the UPMC Insurance Services Division

Serving more than 3.9 million members, UPMC Insurance Services is owned and operated by UPMC, a world-renowned health care provider and insurer based in Pittsburgh, Pa. UPMC Insurance Services includes commercial products from UPMC Health Plan for groups as well as individuals. Commercial products also include workers' compensation and employee assistance from nationally known Workpartners. Government products include Medicare Advantage (*UPMC for Life*); special needs plans for those eligible for Medicare and Medical Assistance (*UPMC for Life CompleteCare* and UPMC Community HealthChoices); Medical Assistance (*UPMC for You*); and Children's Health Insurance Program (*UPMC for Kids*). Community Care Behavioral Health, one of the nation's largest managed care behavioral health organizations, offers a full range of services to Commercial and Medical Assistance members. For more information, visit [www.upmchealthplan.com](http://www.upmchealthplan.com).

**For additional information or images, please contact Kaitlyn Clem, Marketing and Communications Associate, at 412-342-4025 or [KClem@TheFrickPittsburgh.org](mailto:KClem@TheFrickPittsburgh.org)**

###