



## NEWS RELEASE

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For Immediate Release

### **THE FRICK PITTSBURGH ANNOUNCES *LET'S MOVE! FAMILY FUN DAY AT THE FRICK* BROUGHT TO YOU BY UPMC HEALTH PLAN**

**– FREE FAMILY PROGRAM –**

**DATE: Saturday, September 14, 2019**

**TIME: 10 AM – 4 PM**

**LOCATION: The Frick Pittsburgh, 7227 Reynolds Street, Pittsburgh, PA 15208**

**ADMISSION: FREE**

PITTSBURGH, PA , August 26, 2019 —The Frick Pittsburgh in Point Breeze invites families to participate in an energetic day of physical activity and outdoor fun on Saturday, September 14, 2019 from 10 a.m. – 4 p.m. *Let's Move! Family Fun Day at the Frick*, brought to you by UPMC Health Plan, provides visitors with an opportunity to unplug, get off the couch and step into action on the Frick's 5.5 acres of lovely green lawns! Families are invited to:

- Try our wacky obstacle course and walk the trails of the Frick with our outdoor adventure Bingo.
- Make time to center yourself with family-friendly yoga.
- Give our lawn games a try with badminton and croquet.
- Strike a pose at a photo booth between 12:00 – 3:00 p.m.
- Tour the first floor of Clayton, the historic Frick family home, at your own pace.
- Join our family dance party with In Bed by Ten from 12:00 – 3:00 p.m.

In addition to the Family Fun Day activities, visitors are encouraged to tour The Frick Art Museum, Car and Carriage Museum, and Clayton, enjoy the grounds, and rediscover the joys of spending time together outdoors. This free event is open to the public, and advance reservations are not required.

Information regarding *Let's Move! Family Fun Day at the Frick* brought to you by UPMC Health Plan is available on the Frick's website at [TheFrickPittsburgh.org](http://TheFrickPittsburgh.org). Visitors may also call the Frick at 412-371-0600, Tuesday through Sunday between 9:30 a.m. and 5 p.m. for more information.

This event is made possible through the generous support of UPMC Health Plan.

### **About The Frick Pittsburgh**

Located on the Pittsburgh estate of late-19<sup>th</sup>-century industrialist Henry Clay Frick, The Frick Pittsburgh is the steward of collections left as a legacy to the people of Pittsburgh by Frick's daughter, Helen Clay Frick. The permanent collections include fine and decorative arts, cars, carriages, historic objects, and buildings. The Frick experience includes The Frick Art Museum, the Car and Carriage Museum, Clayton, the Frick family Gilded Age mansion, and six acres of beautifully landscaped lawns and gardens. Also included are an Education Center, the Frick children's playhouse (designed by renowned architects Alden & Harlow), a large working greenhouse (also designed by Alden & Harlow), The Café at the Frick, and the Grable Visitor Center, which houses the Frick Museum Store.

### **About the UPMC Insurance Services Division**

The UPMC Insurance Services Division is owned and operated by UPMC, a world-renowned health care provider and insurer based in Pittsburgh, Pa. The UPMC Insurance Services Division – which includes UPMC Health Plan, WorkPartners, UPMC *for Life*, UPMC *for You*, UPMC *for Kids*, and Community Care Behavioral Health — offers a full range of group health insurance, Medicare, Special Needs, CHIP, Medical Assistance, behavioral health, employee assistance and workers' compensation products and services to 3.5 million members. For more information, visit [www.upmchealthplan.com](http://www.upmchealthplan.com).

### **General Information**

The Frick Pittsburgh is located at 7227 Reynolds Street in Pittsburgh's Point Breeze neighborhood. Free parking is available in the Frick's off-street lot or along adjacent streets.

The Frick is open 10:00 a.m. – 5:00 p.m., Tuesday – Sunday; 10:00 a.m. – 9:00 p.m. Friday; and is closed Mondays and major holidays. The public should call 412-371-0600 for information, or visit the Frick online at [TheFrickPittsburgh.org](http://TheFrickPittsburgh.org).

**For additional information or images, please contact Kaitlyn Clem, Marketing and Communications Associate, at 412-342-4025 or [KClem@TheFrickPittsburgh.org](mailto:KClem@TheFrickPittsburgh.org)**

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