

# **NEWS RELEASE**

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# THE FRICK PITTSBURGH ANNOUNCES LET'S MOVE! FAMILY FUN DAY AT THE FRICK BROUGHT TO YOU BY UPMC HEALTH PLAN

## - FREE FAMILY PROGRAM -

DATE: Saturday, September 8, 2018 TIME: 10 AM – 4 PM LOCATION: The Frick Pittsburgh, 7227 Reynolds Street, Pittsburgh, PA 15208 ADMISSION: FREE

PITTSBURGH, PA, August 30, 2018—The Frick Pittsburgh in Point Breeze invites families to participate in an energetic day of physical activity and outdoor fun on Saturday, Sept. 8, 2018, from 10 a.m.to 4 p.m. *Let's Move! Family Fun Day at the Frick* brought to you by UPMC Health Plan provides visitors an opportunity to unplug, get off the couch and step into action on the Frick's 5.5 acres of lovely green lawns! Families are invited to participate in a range of free programs, including:

- Try our wacky obstacle course and walk the trails of the Frick with our outdoor adventure Bingo.
- Make time to center yourself with family-friendly yoga.
- Give our lawn games a try with badminton and croquet.
- Strike a pose! Visit the photo booth between 12:00–3:00 p.m.
- Tour the first floor Clayton, the historic Frick family home, at your own pace.

Families are encouraged to participate in physical and artistic activities, visit The Frick Art Museum, Car and Carriage Museum, and Clayton, enjoy the grounds, and rediscover the joys of simply having fun together outside. This free event is open to the public, and advance reservations are not required.

Information regarding *Let's Move! Family Fun Day at the Frick* brought to you by UPMC Health Plan is available on the Frick's website at <u>TheFrickPittsburgh.org</u>. The public may also call the Frick at 412-371-0600, Tuesday through Sunday, between 9:30 a.m. and 5 p.m. for information.

This event is made possible through the generous support of UPMC Health Plan.

### **ABOUT THE FRICK PITTSBURGH**

Located on the Pittsburgh estate of late-19th-century industrialist Henry Clay Frick, The Frick Pittsburgh is the steward of collections left as a legacy to the people of Pittsburgh by Frick's daughter, Helen Clay Frick. The permanent collections include fine and decorative arts, cars, carriages, historic objects, and buildings. The Frick experience includes The Frick Art Museum, the Car and Carriage Museum, Clayton, the Frick family Gilded Age mansion, and six acres of beautifully landscaped lawns and gardens. Also included are an Education Center, the Frick children's playhouse (designed by renowned architects Alden & Harlow), a large working greenhouse (also designed by Alden & Harlow), The Café at the Frick, and the Grable Visitor Center, which houses the Frick Museum Store.

#### **GENERAL INFORMATION**

The Frick Pittsburgh is located at 7227 Reynolds Street in Pittsburgh's Point Breeze neighborhood. Free parking is available in the Frick's off-street lot or along adjacent streets.

The Frick is open 10:00 a.m.–5:00 p.m., Tuesday–Sunday; 10:00 a.m.–9:00 p.m. Friday; and is closed Mondays and major holidays. To make reservations, or for information, the public should call 412-371-0600, or visit the Frick online at <u>TheFrickPittsburgh.org</u>.

For additional information or images, please contact Greg Langel, Marketing & PR Manager, at 412-342-4075 or <u>GLangel@TheFrickPittsburgh.org</u>

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